

Small Particle Flow Cytometry:

Size matters and other considerations

References & Links

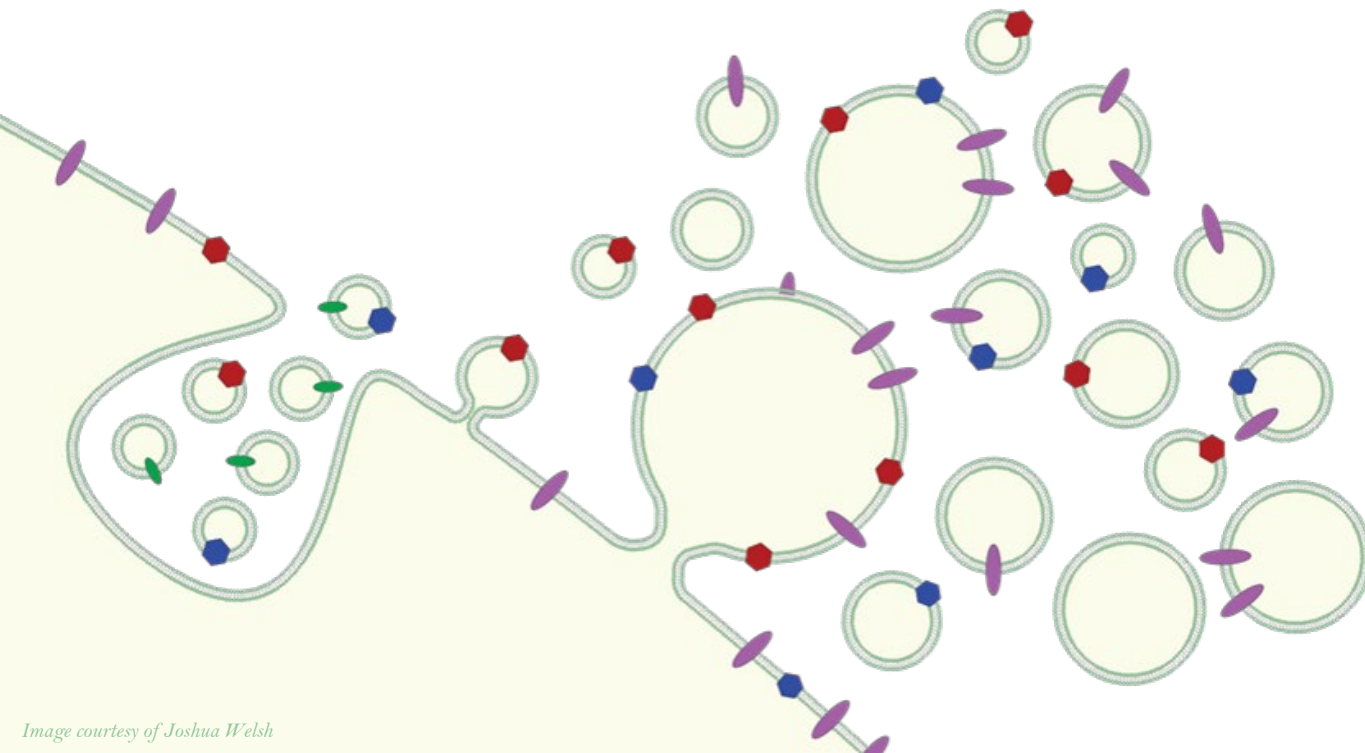
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ISAC SRL Emerging Leader (2018-2023)
Canadian Cytometry & Microscopy Association (co-president)



Reporting Guide for Nanoscale FCM



J Extracell Vesicles. 2020; 9(1): 1713526.

Minimum Information about a Flow Cytometry experiment on EVs *and other small particles (MIFlowCyt-EV)*

Contributing Societies:

International societies for extracellular vesicles, advancement of cytometry and thrombosis and haemostasis (ISEV-ISAC-ISTH)

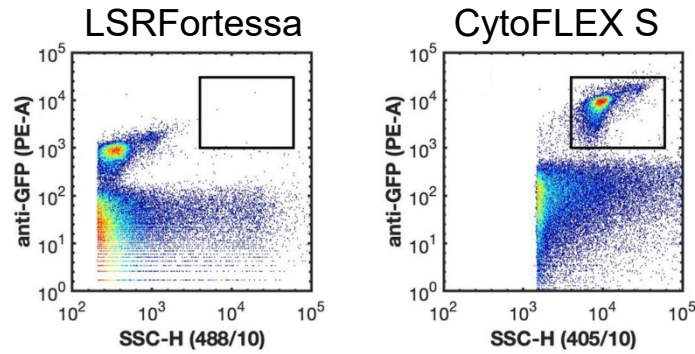
Goal:

To improve the quality of EV and small particle flow cytometry data

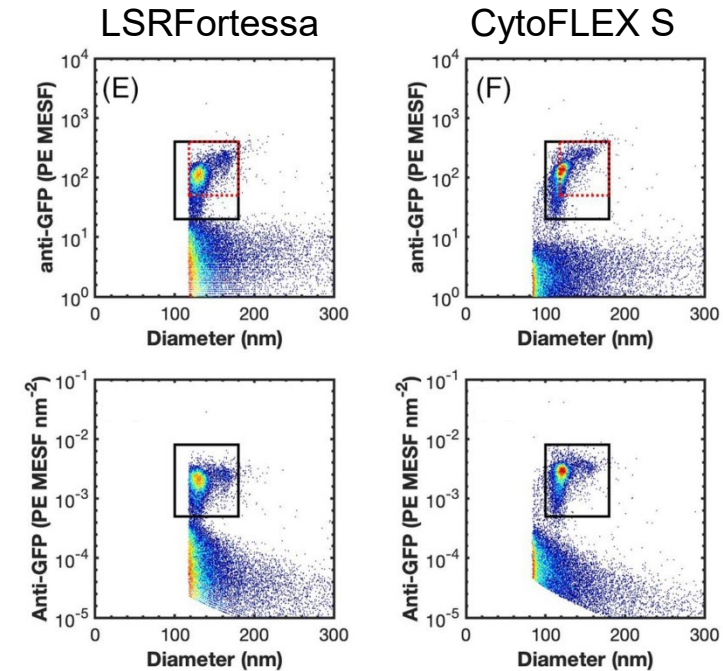
Category	Components	Objective
1 Preamanalytical variables & experimental design	1.1. Report preanalytical variables conforming to MISEV guidelines* 1.2. Report experimental design according to MIFlowCyt guidelines*	Reproducibility
2 Sample preparation	2.1. Sample staining* 2.2. Sample washing steps* 2.3. Sample dilution*	Reproducibility
3 Assay controls	3.1. Buffer-only* 3.2. Buffer with reagents* 3.3. Unstained controls* 3.4. Isotype controls** 3.5. Single-stained controls* 3.6. Procedural controls** 3.7. Serial dilution* 3.8. Detergent-treated EV samples	Proof of single vesicle detection
4 Instrument calibration & data acquisition	4.1. Trigger channel(s) and threshold(s)* 4.2. Flow rate & volumetric quantification ($\mu\text{L min}^{-1} / \mu\text{L}$)* 4.3. Fluorescence Calibration (MESF/ERF units)* 4.4. Light Scatter Calibration (nm^2)	Standardization
5 EV characterization	5.1. EV diameter/surface area/volume approximation 5.2. EV refractive index approximation 5.3. Epitope number approximation	Advanced standardization
6 FC data reporting	6.1. Complete MIFlowCyt checklist* 6.2. Calibrated channel detection range 6.3. EV number concentration 6.4. EV brightness	Reproducibility
7 FC data sharing	7.1. Share data to public repository	Reproducibility



Calibration: *What & Why?*



calibrate



FL (a.u.) & SSC (a.u.)

Different instruments

- settings & configuration
- 488 vs 405 nm
- Sample – MLVsfGFP + anti-GFP-PE

Antigen Density (MESF/nm²)

Calibration allows for data to be reported in **Standard Units** instead of Arbitrary Units of fluorescence & scatter
Futureproof Your Data!

Methods for Calibration - Software



- Scatter Calibration
- Fluorescence Calibration
- Detector Optimization

Download: <https://nano.ccr.cancer.gov/fcmpass/> Free for academic use

Protocol: <https://currentprotocols.onlinelibrary.wiley.com/doi/10.1002/cpcy.79>

Materials required: MESF or ERF beads for FL calibration, NIST-traceable polystyrene and silica beads (non-fluorescent)*

**FCM_{PASS} recommended beads are listed in protocol reference*



- Scatter Calibration

Available on FlowJo as a plug-in

Website for purchase: <https://www.exometry.com/products/rosetta-calibration>

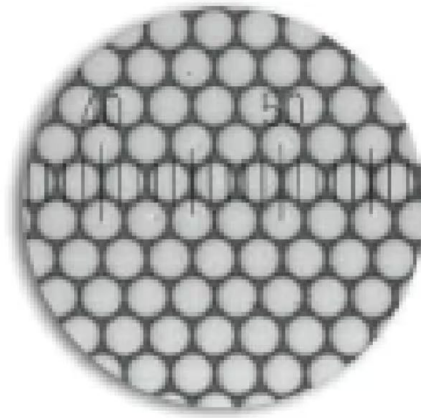
Materials required: Rosetta Calibration Beads

Materials Needed:

Flow Cytometer



Reference Materials



Software



Reference Materials:

Multi-peak Rainbow Particles

- QbSure Beads (Cytek B7-10005)
- 8-Peak Rainbow (Spherotech RCP-30-5A)

Light Scatter Calibration Beads

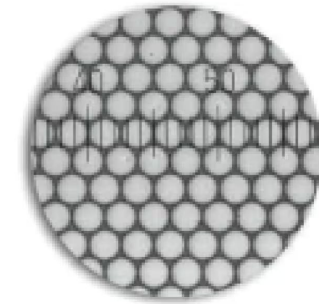
- NIST-traceable size standards (Thermo Fisher 3000 series)

Fluorescence Calibration Beads

- FITC MESF (Bang Labs Quantum-5 MESF)
- PE MESF (BD Quantibrite PE)

Biological Reference Materials

- Not needed for calibration
- Used to validate assays – staining, isolations, etc.
- Recombinant EVs (not a bead! GFP+ EV reference material, Sigma SAE0193)



Thermo
SCIENTIFIC

NANOSPHERE™ SIZE STANDARDS NIST Traceable Mean Diameter

1. DESCRIPTION. These particle size standards provide accurate and traceable size calibration for particle size analysis. They are part of a series of polymer microspheres with calibrated mean diameters traceable to the Standard Meter through the National Institute of Standards and Technology (NIST). Diameters from 20 nanometers (nm) to 150 micrometers (μm) are available as aqueous suspensions in dropper-tipped vials, calibrated by photon correlation spectroscopy (PCS), transmission electron microscopy (TEM) or optical microscopy. The aqueous medium has been prepared to promote dispersion and reduce clumping of the particles. The approximate particle concentration in percent solids is given to facilitate dilution for the calibration and validation of particle analyzers. Diameters from 200 μm to 1000 μm are available as dry spheres, calibrated by optical microscopy. The certified mean diameter is traceable to NIST. Other values are for information only and should not be used as calibration values.

2. PHYSICAL DATA	Catalog Number: 3100 and 3100A, Nominal 100 nm
Certified Mean Diameter:	100 nm ± 6 nm, k=2
Standard Deviation:	6.8 nm
Coefficient of Variation:	6.8%
Hydrodynamic Diameter:	98 - 104 nm (PCS)
Microsphere Composition:	Polystyrene
Microsphere Density:	1.05 g/cm ³
Index of Refraction:	1.59 @ 589 nm
Approximate Concentration:	1% solids

- Continued on page 2

CERTIFICATE OF CALIBRATION AND TRACEABILITY

This certifies that the calibrated mean diameter was transferred by transmission electron microscopy (TEM) from the National Institute of Standards and Technology (NIST) certified microspheres (Standard Reference Material 1963, 1691 or 1690).

Catalog Number: 3100 and 3100A, Nanosphere™ Size Standards
Certification Date: June 13, 2018
Certified Batch: 3100-007
Production Batch: 3100-061
Certified Mean Diameter: 100 nm
Expanded Uncertainty: ± 6 nm, k=2



Saba Hashemi, Scientist II
Thermo Fisher Scientific Particle Technology

Packaging Lot # 204935

Expiration Date: NOV'21

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Cert004.08

Clinical Diagnostics
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Useful Links:

Practice Datasets:

- rEV Serial Dilution: genboree.org/nano-ui/dataset/1754681130
- FL DSI: genboree.org/nano-ui/dataset/1754681134
- SSC DSI: genboree.org/nano-ui/dataset/1754681135
- NIST Bead Calibration: genboree.org/nano-ui/dataset/1754681131
- Cross-Calibration (FL): genboree.org/nano-ui/dataset/1754681132

Literature for Reference

- A compendium of single extracellular vesicle flow cytometry – Journal of Extracellular Vesicles
<https://doi.org/10.1002/jev2.12299>
- Quantitative flow cytometry (qFCM) enables comprehensive optimization and cross-platform extracellular vesicle studies. Cook et al. 2023 CR-METHODS-D-23-00115R2

This manuscript is under final review in Cell Reports Methods with associated protocols in submission to STAR Protocols. It summarizes a workflow for EV flow cytometry analysis from optimization of instrument detector settings to data calibration for FL and SSC parameters.